

# JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Central & Adams Lunch

Additional milk or milk for sack lunches - \$.35

A FRUIT & MILK (1% WHITE OR CHOCOLATE) COMES WITH EACH MEAL

ITEMS UNDERLINED ARE MADE FROM SCRATCH.

ITEMS WITH \* ARE MADE WITH LOCAL FOODS.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

1 No School	2 No School	3 No School	4 <u>**Tater Tot Casserole</u> Dinner Roll Garlic Broccoli	5 <u>**Sloppy Joe</u> <u>Potato Wedges</u> Mixed Vegetables
8 <u>**Spaghetti w/ meat sauce</u> <u>Garlic Bread</u> Green Beans	9 <u>**Beef Taco</u> Salsa/Sour Cream Tortilla Chips Refried Beans	10 <u>**Pizza Bake</u> <u>Salad w/ dressing</u> <u>Roasted Vegetables</u>	11 <u>**Chicken &amp; Noodles</u> Peas Carrots	12 <u>**Chili w/ crackers</u> <u>Grilled Cheese</u> Fresh Veggies w/ dip
15 No School	16 <u>**Chicken Quesadilla</u> Salsa/Sour Cream Tortilla Chips <u>Mexican Corn</u>	17 Stuffed Aria Sausage Pizza <u>Salad w/ dressing</u> Corn Breadstick w/ <u>marinara</u>	18 <u>**Chicken Strips</u> Baked Beans <u>**French Fries</u>	19 <u>**Cheeseburger</u> <u>Macaroni</u> <u>**Corn Bread</u> Roasted Parmesan Garlic <u>Broccoli</u>
22 <u>Macaroni &amp; Cheese</u> Hotdog <u>Strawberry Spinach</u> <u>Salad</u> Carrot Sticks w/ <u>dip</u>	23 <u>**Walking Tacos</u> Salsa/Sour Cream <u>Spanish Rice</u> Black Beans	24 <u>**Chicken Parmesan</u> Pasta <u>Garlic Bread</u> Green Beans	25 <u>**Hamburger</u> Tomato/pickles/ lettuce/onions Cheese slice <u>Potato Wedges</u>	26 <u>**Pork Totchos</u> <u>**Dinner Roll</u> <u>BBQ sauce on side</u> Baked Beans <u>Coleslaw</u>
29 <u>**Chocolate Chip</u> <u>Pancakes w/ syrup</u> <u>**Sausage Patty</u> <u>Roasted Green Beans</u>	30 <u>**Meatloaf</u> Bread & Butter <u>Mashed Potatoes</u> Carrots	31 Stuffed Aria Pepperoni Pizza <u>Salad w/ dressing</u> Breadstick w/ <u>marinara</u>		